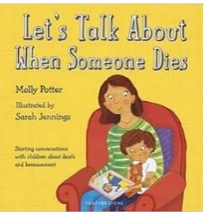



# Death and Bereavement Support Resources

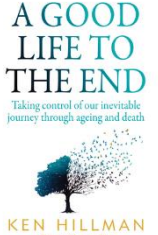
A list of books on the topic of dying, death and bereavement available from the Guille-Allès Library. Including books on practical advice and help with bereavement. Books on planning and finding the words to talk about your plans and wishes to your loved ones.

Topic	Cover Image	Title	Author	Shelfmark
Having Conversations About Death		<i>Let's talk about Death (over dinner) The essential guide to life's most important conversation</i>	Hebb, Michael	306.9 HEB
		<i>I Miss My Pet: a first look at the death of a pet</i>	Thomas, Pat	J155.937
		<i>Good mourning : honest conversations about grief and loss</i>	Carn, Imogen	155.937 DOU
		<i>Death and grief</i>	Spilsbury, Louise	JNF J155.9
		<i>Is Daddy Coming Back in a Minute?: Explaining (sudden) death in words very young children can understand</i>	Barber, Elke	J155.9

		<p><i>Let's Talk About When Someone Dies: Starting conversations with children about death and bereavement</i></p>	<p>Potter, Molly</p>	<p>J155.9</p>
		<p><i>Listen - How to find the words for tender conversations</i></p>	<p>Mannix, Kathryn</p>	<p>153.68 MAN</p>
		<p><i>Waiting for the last bus : reflections on life and death</i></p>	<p>Holloway, Richard</p>	<p>202.3 HOL</p>
		<p><i>Grandpa's Treasure</i></p>	<p>La Vasseur, Linda</p>	<p>Junior Fiction</p>

Topic	Cover Image	Title	Author	Shelfmark
<b>Memoirs</b>		<i>All that Remains: A life in death</i>	Black, Sue	363.25092 BLA
		<i>Holding tight, letting go : my life, death and all the madness in between</i>	Hughes, Sarah	616.994 LIG
		<i>Sudden loss, slow grieving: a clinical psychologist's personal journey of grief/</i>	Moore, Vanessa	155.937 MOO
		<i>Hope is coming : a true story of grief and gratitude</i>	Blyth, Louise	155.937 BLY
		<i>The reactor : a book about grief and repair</i>	Blackburn, Nick	155.937 BLA

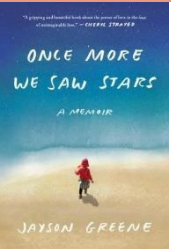
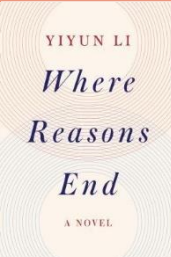

			<p><i>What looks like bravery : an epic journey through loss to love</i></p>	<p>Braitman, Laurel</p>	<p>155.937 BRA</p>
			<p><i>Written in Bone: hidden stories in what we leave behind</i></p>	<p>Black, Sue</p>	<p>614.17 BLA</p>
			<p><i>Dying: a memoir</i></p>	<p>Taylor, Cory</p>	<p>823.92 TAY</p>
			<p><i>The Madness of Grief</i></p>	<p>The Reverend Richard Coles</p>	<p>155.937092 COL</p>
			<p><i>From Here to Eternity</i></p>	<p>Doughty, Caitlin</p>	<p>393 DOU</p>

		<i>Smoke Gets in Your Eyes</i>	Doughty, Caitlin	393 DOU
		<i>Thinking Out Loud: love, grief and being mum and dad</i>	Ferdinand, Rio	155.9375 FER
		<i>Reasons to Stay Alive</i>	Haig, Matt	158.092 HAI
		<i>A Good Life to the End</i>	Hillman, Ken	155.937 WIL
		<i>All the Ghosts in the Machine</i>	Kasket, Elaine	306.9 KAS

			<p><i>We All Know How This Ends: Lessons about life and living from working with death and dying</i></p>	<p>Lyons, Anna &amp; Winters, Louise</p>	<p>155.937 LYO</p>
			<p><i>Dying: A Memoir</i></p>	<p>Taylor, Cory</p>	<p>823.92 TAY</p>
			<p><i>The Top Five Regrets of the Dying</i></p>	<p>Ware, Bonnie</p>	<p>155.937 WAR</p>
			<p><i>Gratitude</i></p>	<p>Sacks, Oliver</p>	<p>155.937 SAC</p>
			<p><i>When I Had a Little Sister: The Story of a Farming Family Who Never Spoke</i></p>	<p>Simpson, Catherine</p>	<p>616.858445 SIM</p>

			<i>The Iceberg</i>	Coutts, Marion	616.994 COU
			<i>Ask Me His Name: Learning to live and laugh again after the loss of my baby</i>	Wright, Elle	618.392 WRI
			<i>Beyond the High Blue Air</i>	Spinney, Lu	155.937 SPI
			<i>The Cure for Sleep</i>	Shadrick, Tanya	-
			<i>Love's Last Gift</i>	Ramsay, Bebhinn	155.937092 RAM



			<p><i>Once More We Saw Stars</i></p>	<p>Greene, Jayson</p>	<p>155.937 GRE</p>
			<p><i>Where Reasons End</i></p>	<p>Li, Yiyun</p>	<p>616.858445 LI</p>
			<p><i>Chase the Rainbow</i></p>	<p>Bell, Poorna</p>	<p>362.28 BEL</p>

Topic	Cover Image	Title	Author	Shelfmark
Fiction / Fantasy/ Sci-fi		<i>Lord of the Flies</i>	Golding, William	Fiction
		<i>A Brief History of Seven Killings</i>	James, Marlon	Fiction
		<i>Altered Carbon</i>	Morgan, Richard K	Sci-fi
		<i>Woken Furies</i>	Morgan, Richard K	Sci-fi

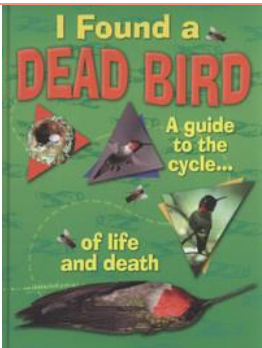
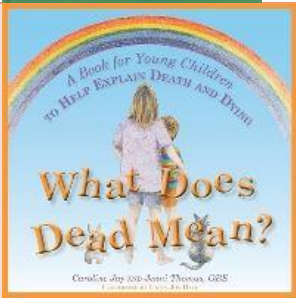
			<p><i>Beloved</i></p>	<p>Morrison, Toni</p>	<p>Fiction</p>
			<p><i>Hamnet</i></p>	<p>O'Farrell, Maggie</p>	<p>Fiction</p>
			<p><i>Grief is the Thing with Feathers</i></p>	<p>Porter, Max</p>	<p>Fiction</p>
			<p><i>Mort</i></p>	<p>Pratchett, Terry</p>	<p>Fantasy</p>
			<p><i>Soul Music</i></p>	<p>Pratchett, Terry</p>	<p>Fantasy</p>

			<i>Lincoln in the Bardo</i>	Saunders, George	Fiction
			<i>Memento Mori</i>	Spark, Muriel	Fiction
			<i>The Book Thief</i>	Zusak, Marcus	Fiction

Topic	Cover Image	Title	Author	Shelfmark
<b>Children</b>				
		<i>You will be okay : find strength, stay hopeful and get to grips with grief</i>	Stokes, Julie A.	J155.9 Junior Non-Fiction
		<i>What on earth do you do when someone dies?</i>	Romain, Trevor	J155.9
		<i>Saying goodbye to - a pet</i>	Edwards, Nicola	JNF J155.9 Stack
		<i>Dealing with when people die</i>	Lacey, Jen	J155.9 Junior Fiction

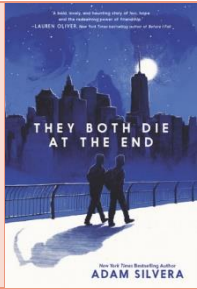
		<p><i>Why do things die?</i></p>	<p>Daynes, Katie</p>	<p>JNF J155.9 Junior Non-Fiction</p>
		<p><i>Saying goodbye to - a brother or sister</i></p>	<p>Edwards, Nicola</p>	<p>JNF J155.9 Stack</p>
		<p><i>Dealing with death</i></p>	<p>Gogerly, Liz</p>	<p>JNF J155.9 Junior Non-Fiction</p>
		<p><i>I miss you : a first look at death</i></p>	<p>Thomas, Pat</p>	<p>J155.9 Junior Fiction</p>

	<p><i>When I'm Gone</i></p>	<p>McLaren, Marguerite</p>	<p>JFIC Red: Let's Talk About...</p>
	<p><i>Saying goodbye to a grandparent</i></p>	<p>Edwards, Nicola</p>	<p>JNF J155.9 Stack</p>
	<p><i>Saying goodbye to a parent</i></p>	<p>Edwards, Nicola</p>	<p>JNF J155.9 Stack</p>
	<p><i>When someone dies</i></p>	<p>Hewitt, Dawn</p>	<p>J306.9 Junior Fiction</p>

		<p><i>I found a dead bird : a guide to the cycle of life and death</i></p>	<p>Thornhill, Jan</p>	<p>JNF J155.9 Stack</p>
		<p><i>What does dead mean? : a book for young children to help explain death and dying</i></p>	<p>Jay, Caroline</p>	<p>J155.937</p>



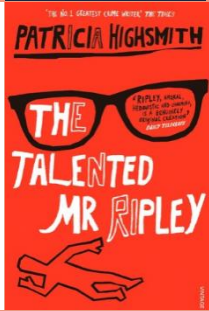
Topic	Cover Image	Title	Author	Shelfmark
Young Adult		<i>The Graveyard Book</i>	Gaiman, Neil	Junior Fiction
		<i>The Fault in Our Stars</i>	Green, John	JA Teenage Fiction
		<i>A Monster Calls</i>	Ness, Patrick & Dowd, Siobhan	Junior Fiction
		<i>Bridge to Terabithia</i>	Paterson, Katherine	Junior Fiction

			<i>They Both Die at the End</i>	Silvera, Adam	JA Teenage Fiction
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Topic	Cover Image	Title	Author	Shelfmark
<b>Classic Literature</b>		<i>Beowulf</i>	Anon	829.3 HEA
		<i>Wuthering Heights</i>	Bronte, Emily	Fiction
		<i>The Woman in Black</i>	Hill, Susan	Fiction

		<p><i>A Grief Observed</i></p>	<p>Lewis, C.S.</p>	<p>242.4 LEW</p>
		<p><i>Hamlet</i></p>	<p>Shakespeare, William</p>	<p>822.331 HAM</p>
		<p><i>Frankenstein</i></p>	<p>Shelley, Mary</p>	<p>Fiction</p>
		<p><i>Dracula</i></p>	<p>Stoker, Bram</p>	<p>Fiction</p>

Topic	Cover Image	Title	Author	Shelfmark
<b>Modern Literature</b>		<i>Poems and Readings for Funerals</i>	Watson, Julia	808.81 POE
		<i>Golden Child</i>	Adam, Claire	Fiction
		<i>Levels of Life</i>	Barnes, Julian	823.914 BAR
		<i>Mrs Death Misses Death</i>	Godden, Salena	Fiction

			<p><i>The Midnight Library</i></p>	<p>Haig, Matt</p>	<p>Fiction</p>
			<p><i>The Talented Mr Ripley</i></p>	<p>Highsmith, Patricia</p>	<p>Crime</p>
			<p><i>Starve Acre</i></p>	<p>Hurley, Andrew</p>	<p>Fiction</p>
			<p><i>Never Let Me Go</i></p>	<p>Ishiguro, Kazuo</p>	<p>Fiction</p>

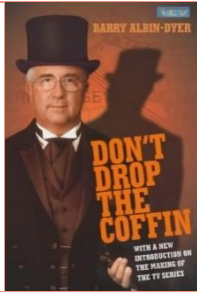
			<i>Klara and the Sun</i>	Ishiguro, Kazuo	Fiction
			<i>After the End</i>	Mackintosh, Clare	Fiction
			<i>The Book Thief</i>	Zusak, Marcus	Fiction

Topic	Cover Image	Title	Author	Shelfmark
<b>Books for People with Learning Disabilities</b>	-	<i>When I Die: The Choices that Tony has made for the end of his life</i>	Easyhealth.org.uk	Free downloadable booklet
	-	<i>Feelings You Might Have when Someone Dies: a new booklet on grief for people with learning disabilities</i>	Marie Curie	Free downloadable PDF leaflet

Topic	Cover Image	Title	Author	Shelfmark
<b>Funerals and Memorialisation</b>		<i>Time to Go: practical celebrations for the final milestone.</i>	Alternative British Funerals	-
		<i>The Picador book of funeral poems</i>		808.819354 PAT
		<i>This party's dead : grief, joy and spilled rum at the world's death festivals</i>	Buist, Erica	306.9 BUI
		<i>It's Your Funeral</i>	George, Emma	393 GEO

	<p>THE COMPLETE BOOK OF FUNERAL PLANNING <b>READINGS &amp; MUSIC</b> How to plan and organize the funeral your loved ones would most appreciate</p> <p>RACHEL JOHNSTONE-BURT, ALISON GIBBS AND REV. JOHN WYNBURNE</p>	<p><i>The Complete Book of Funeral Planning Readings &amp; Music</i></p>	<p>Johnstone, Burt</p>	<p>393 JOH</p>
	<p>A STRAIGHTFORWARD GUIDE TO</p> <p><b>Handling Bereavement</b> Making Arrangements After Death</p> <p>The book covers the following key areas:</p> <ul style="list-style-type: none"> <li>• The role of the carer</li> <li>• Organizing the funeral</li> <li>• Different funeral types</li> <li>• After the funeral</li> <li>• The bereavement process</li> <li>• Grief and Bereavement</li> </ul> <p>PENNY FREEMAN</p>	<p>A straightforward guide to handling bereavement</p>	<p>Freeman, Penny</p>	<p>155.937 FRE</p>
	<p>JESSICA MITFORD</p> <p>THE AMERICAN WAY OF DEATH REVISITED</p> <p>"Witty and provocative... it reads like a novel!" —The Washington Post</p>	<p><i>The American Way of Death Revisited</i></p>	<p>Mitford, Jessica</p>	<p>393 MIT</p>
	<p>we need to talk about the funeral</p> <p>JANE MORRELL</p>	<p><i>We Need to Talk About the Funeral</i></p>	<p>Morrell, Jane</p>	<p>393 MOR</p>
	<p><b>Celebrating a Life</b></p> <p>Planning Memorial Services and Other Creative Remembrances</p> <p>Attentive, Fun, and Creative: Jazz Procession Symposium, Destination Weekend Break, Sports, Entertainment, Award-Winning Charity Benefit, Seaside Picnic Cocktail Party, Art Exhibition, Talkative Party</p> <p>Faith Moore Foreword by Letitia Baldrige</p>	<p><i>Celebrating a Life</i></p>	<p>Moore, Faith</p>	<p>393 MOO</p>



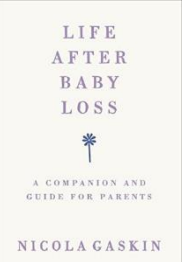
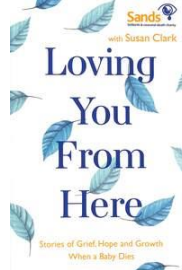
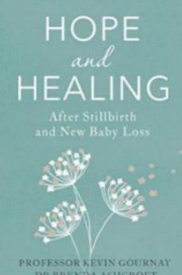
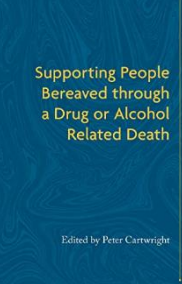

			<p><i>Don't Drop the Coffin</i></p>	<p>Albin-Dyer, Barry</p>	<p>393 ALB</p>
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Topic	Cover Image	Title	Author	Shelfmark
<p><b>Behind the Scenes at the Funeral Directors</b></p>		<p><i>Smoke Gets in Your Eyes</i></p>	<p>Doughty, Caitlin</p>	<p>393 DOU</p>
		<p><i>All the living and the dead : an investigation of the people who make death their life's work</i></p>	<p>Campbell, Hayley</p>	<p>363.75 CAM</p>
		<p><i>The Undertaker's Daughter</i></p>	<p>Mayfield, Kate</p>	<p>393 MAY</p>

Topic	Cover Image	Title	Author	Shelfmark
Self-Help and Grief	 The cover features a light blue background with a white, misty or snowy texture. The title 'When Parents Die' is written in a large, white, cursive font at the bottom. Above it, the author's name 'Rebecca Abrams' is printed in a smaller, black, sans-serif font. There is also a small 'R' in a white box in the top left corner.	<i>When Parents Die: learning to live with the loss of a parent</i>	Abrams, Rebecca	155.937 ABR
	 The cover has a teal background. The title 'The Worst Girl Gang Ever' is written in a large, white, sans-serif font. Below the title, there are several colorful hearts in shades of pink, orange, and yellow. At the bottom, the authors' names 'BEX GUNN & LAURA BUCKINGHAM' are listed in a small, white, sans-serif font.	<i>The Worst Girl Gang Ever</i>	Gunn, Bex	155.9378 GUN
	 The cover has a white background. The title 'you are not alone' is written in a large, colorful, sans-serif font, with each word in a different color (yellow, green, blue, red, purple). Below the title, the author's name 'CARIAD LLOYD' is printed in a small, black, sans-serif font. There is also a small yellow starburst graphic in the top right corner.	<i>You are not alone : a new way to grieve</i>	Lloyd, Cariad	155.937 LLO
	 The cover has a light green background. The title 'Advice for the Dying*' is written in a large, blue, serif font. Below it, the subtitle 'A Practical Perspective on Death' is printed in a smaller, blue, sans-serif font. At the bottom, the author's name 'Sallie Tisdale' is listed in a small, black, sans-serif font.	<i>Advice for the dying (and those who love them) : a practical perspective on death</i>	Tisdale, Sallie	155.937 TIS

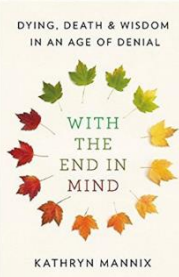
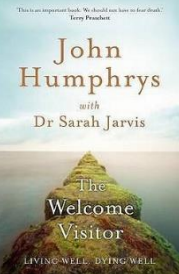

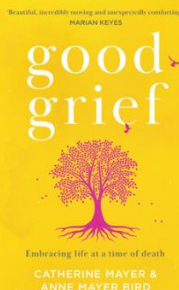
			<p><i>It's OK that you're not OK : meeting grief and loss in a culture that doesn't understand</i></p>	<p>Devine, Megan</p>	<p>155.93 DEV</p>
			<p><i>Letters from the grief club : how we live with loss</i></p>	<p>French, Beth</p>	<p>155.937 LET</p>
			<p><i>Losing young : how to grieve when your life is just beginning</i></p>	<p>Wilson, Rachel</p>	<p>155.937 WIL</p>
			<p><i>Beyond grief : navigating the journey of pregnancy and baby loss</i></p>	<p>Vosper, Pippa</p>	<p>155.9378 VOS</p>
			<p><i>Overcoming grief : a self-help guide using cognitive behavioral techniques</i></p>	<p>Morris, Sue</p>	<p>155.937 MOR</p>

			<p><i>The Grief Survival Guide: navigating loss and all that comes with it</i></p>	<p>Brazier, Jeff</p>	<p>155.937 BRA</p>
			<p><i>Radical Acts of Love: How we find hope at the end of life</i></p>	<p>Brown, Janie</p>	<p>155.937 BRO</p>
			<p><i>When someone dies: A children's mindful how to guide on grief and loss</i></p>	<p>Dorn, Andrea</p>	<p>JFIC Red: Let's Talk About...</p>
			<p><i>Helping Children and Adolescents Think about Death, Dying, and Bereavement</i></p>	<p>Carter, Marian</p>	<p>155.937 CAR</p>
			<p><i>The Baby Loss Guide: practical and compassionate support with a day-by-day resource to navigate the path of grief</i></p>	<p>Clark-Coates, Zoe</p>	<p>618.392 CLA</p>

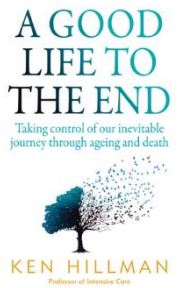
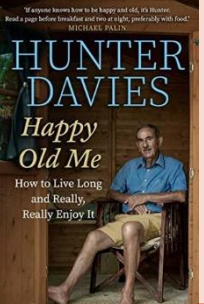
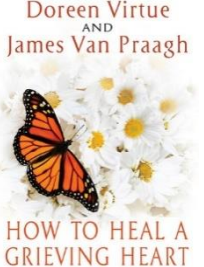
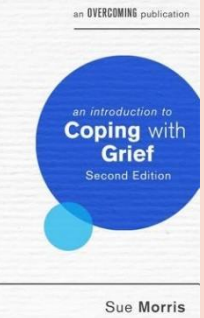
			<i>Life after Baby Loss</i>	Gaskin, Nicola	618.392 GAS
			<i>Loving you from here : stories of grief, hope and growth when a baby dies</i>	Clark, Susan	155.9378 CLA
			<i>Hope and Healing after Stillbirth and New Baby Loss</i>	Gournay, Kevin	618.392 ASH
			<i>Supporting People Bereaved through a Drug or Alcohol-related Death</i>	Cartwright, Peter	155.937 SUP
			<i>Coping with Death and Grief</i>	Throp, Claire	J155.9

			<p><i>Grief Works: stories of life, death and surviving</i></p>	<p>Samuel, Julia</p>	<p>155.937 SAM</p>
			<p><i>Goodbye, Pet &amp; See You in Heaven: a memoir of animals, love and loss</i></p>	<p>Mooney, Bel</p>	<p>155.937 MOO</p>
			<p><i>Death Matters</i></p>	<p>Petch, Sally</p>	<p>155.937 PET</p>
			<p><i>Nine Rules to Conquer Death</i></p>	<p>Toolis, Kevin</p>	<p>306.9 TOO</p>
			<p><i>Coping with Death: a book for the bereaved and those who try to help them</i></p>	<p>Scrase, Leslie</p>	<p>155.937 SCR</p>

			<i>Unspeakable Losses</i>	Kluger-Bell, Kim	618.392 KLU
			<i>Will My Cat Eat My Eyeballs?</i>	Doughty, Caitlin	306.9 DOU
			<i>A Good Death: a compassionate and practical guide to prepare for the end of life</i>	Rice, Margaret	155.937 RIC
			<i>A Beginner's Guide to the End: practical advice for living life and facing death</i>	Miller, BJ	155.937 MIL
			<i>Advice for the Future Corpses (and those who love them): a practical perspective on death</i>	Tisdale, Sallie	155.937 TIS

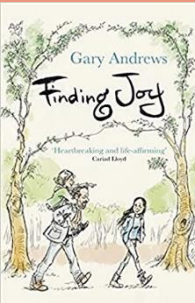
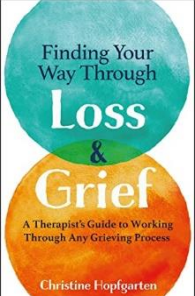
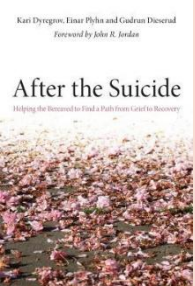
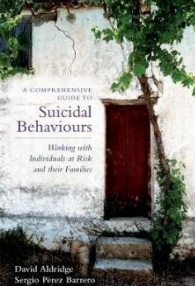
			<p><i>With the End in Mind: dying, death and wisdom in an age of denial</i></p>	<p>Mannix, Kathryn</p>	<p>306.9 MAN</p>
			<p><i>The Welcome Visitor</i></p>	<p>Humphrys, John</p>	<p>LP 306.9 HUM</p>
			<p><i>The Good Death Guide: everything you wanted to know but were afraid to ask</i></p>	<p>Dunn, Michael</p>	<p>-</p>
			<p><i>Good Grief: A self-help guide to recovery after death</i></p>	<p>Mayer, Catherine</p>	<p>-</p>

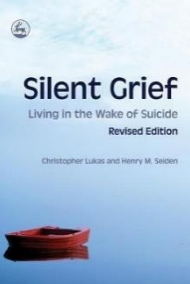

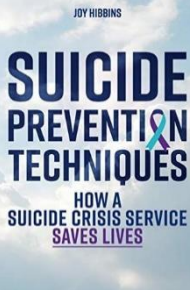
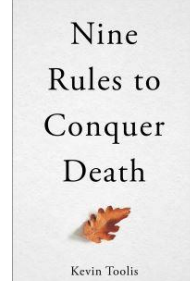


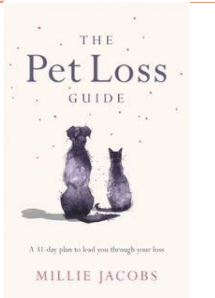
		<p><i>A Good Life to the End</i></p>	<p>Hillman, Ken</p>	<p>155.937 HIL</p>
		<p><i>Happy Old Me: How to Live a Long Life, and Really Enjoy It</i></p>	<p>Davies, Hunter</p>	<p>155.937 DAV</p>
		<p><i>How to Heal a Grieving Heart</i></p>	<p>Virtue, Doreen</p>	<p>155.937 VIR</p>
		<p><i>An Introduction to Coping with Grief</i></p>	<p>Morris, Sue</p>	<p>155.937 MOR</p>

		<p><i>It's Your Loss: living with grief is hard. We hope this book will help.</i></p>	<p>Hopkinson, Emma</p>	<p>155.937 HOP</p>
		<p><i>Lap of Honour: a no fear guide to living well with dying</i></p>	<p>Eirew, Gaby</p>	<p>155.937 EIR</p>
		<p><i>A Manual for Heartache</i></p>	<p>Rentzenbrink, Cathy</p>	<p>155.937 REN</p>
		<p><i>The State of Disbelief</i></p>	<p>Rosenfeld, Juliet</p>	<p>155.937092 ROS</p>

		<p><i>Saying Goodbye</i></p>	<p>Clark-Coates, Zoe</p>	<p>618.392 CLA</p>
		<p><i>Beyond Goodbye: A practical and compassionate guide to surviving grief, with day-by-day resources to navigate a path through loss</i></p>	<p>Clark-Coates, Zoe</p>	<p>155.937 CLA</p>
		<p><i>A Child's Grief: supporting a child when someone has died</i></p>	<p>Winston's Wish</p>	<p>155.937 BRO</p>
		<p><i>The Essential Guide to Life After Bereavement: Beyond Tomorrow</i></p>	<p>Carole Kauffmann, Judy</p>	<p>155.937 CAR</p>
		<p><i>Finding a Way Through When Someone Close has Died: What it Feels Like and What You Can Do to Help Yourself: A Workbook by Young People for Young People</i></p>	<p>Mood, Pat</p>	<p>J155.9</p>

			<p><i>Finding Joy</i></p>	<p>Andrews, Gary</p>	<p>155.937 AND</p>
			<p><i>Finding Your Way Through Loss and Grief: A Therapist's Guide to Working Through Any Grieving Process</i></p>	<p>Hopfgarten, Christine</p>	<p>155.937 HOP</p>
			<p><i>After the Suicide: Helping the Bereaved to Find a Path from Grief to Recovery</i></p>	<p>Dyregrov, Kari</p>	<p>616.858445 DYR</p>
			<p><i>A Comprehensive Guide to Suicidal Behaviours: Working with Individuals at Risk and their Families</i></p>	<p>Aldridge, David</p>	<p>616.858445 ALD</p>

			<i>Silent Grief: Living in the Wake of Suicide</i>	Lukas, Christopher	616.858445 LUK
			<i>Man Up, Man Down: Standing Up to Suicide</i>	McGregor, Paul	616.858445 WIL
			<i>Suicide Prevention Techniques: how a suicide crisis centre saves lives</i>	Hibbins, Joy	616.858445 HIB
			<i>Nine rules to conquer death</i>	Toolis, Kevin	306.9 TOO

			<i>How to say goodbye</i>	MacNaughton, Wendy	155.937 MAC
			<i>The pet loss guide</i>	Jacobs, Millie	155.937 JAC
			<i>Death is but a dream : finding hope and meaning at life's end</i>	Kerr, Christopher	362.175 KER
			<i>Living with grief : mindful meditations and self-care strategies for navigating loss</i>	Stang, Heather	155.937 STA